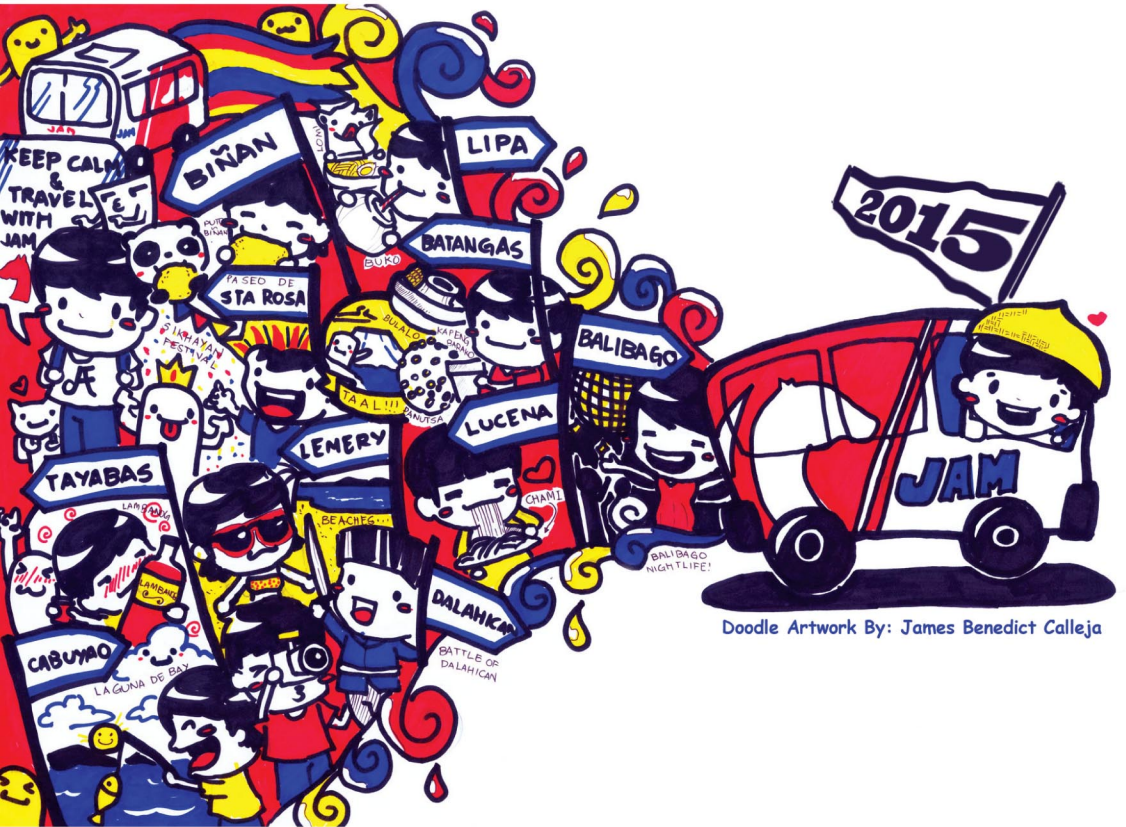


January-March 2015

Bÿahe Na!

Magazine published for



Doodle Artwork By: James Benedict Calleja

- **Trends for 2015**
- **What to do with 2014's Leftovers**
- **Many Ways to Celebrate Valentine's Day**
- **Puerto Galera: Your Sweet Escape**

**Happy Riding!
Happy Reading!**



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Byahe Na!

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For the next issue of *Byahe Na!* we're inviting you to be in our *Feedbox*. Share with us your answers to: *"Where is your dream vacation this summer?"*

Be a part of our magazine by sending articles, suggestions, testimonials or feedback and connect with us at marketing@jam.com.ph or jamliner.marketing@gmail.com.

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JAM and Philtranco group of companies is greatly reliant on our most valuable resource... our employees.

The main objective of our Human Resources Management Division has been to provide sufficient manpower to support the strong development of our organization. We seek to ensure a healthy, safe, diverse and rewarding work environment as our employees are our greatest strength.

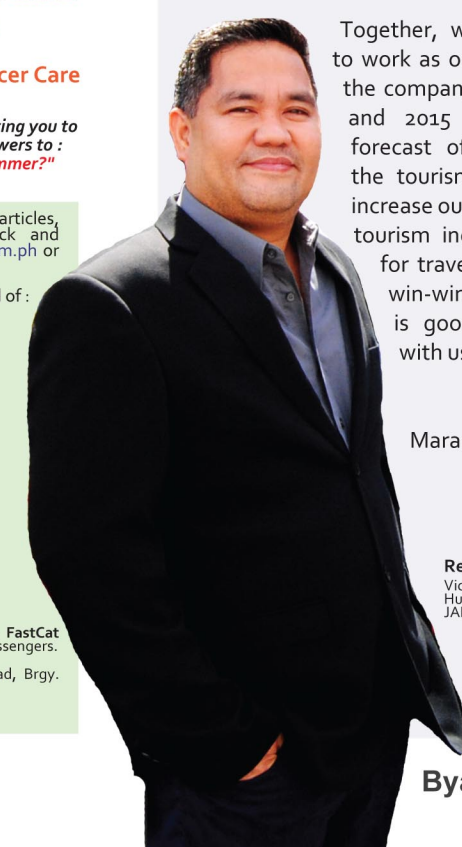
Through various learning programs, we have imbibed the new paradigm of providing consistent and superior service to all our customers to the best of our abilities.

Para sa bagong taon, we are more committed to reinforce the values of both JAM and Philtranco group in everything that we do para makapag-lingkod at makapag-bigay ng tuloy-tuloy na LIGTAS (SAFE), MAASAHAN (RELIABLE) at MASAYANG (FUN) paglalakbay ng aming mga pasahero.

Together, we are determined to work as one for the goals of the company. It is a New Year and 2015 has a promising forecast of rapid growth in the tourism industry. As we increase our fleets, so will local tourism increase its demand for traveling Pinoy. It is a win-win situation, and that is good. Enjoy the ride with us! Happy New Year!

Maraming Salamat Po!

Renato E. Mapili
 Vice-President
 Human Resource Department
 JAM and Philtranco





Improved Employees... Improved Services!



JAM group of companies, with its commitment to provide a high standard of passenger service, created the Human Resource (HR) Training Department in 2013 and since then has continuously offered learning opportunities to enhance the company's manpower.

The Culture Change Program was the flagship customer service training course for JAM employees and after acquiring Philtranco, its bus captains and attendants also underwent the same.

The Company wants to ensure that the driving skills of its bus captains are at par with government standards. By partnering with the Philippine National Driving Academy, First Gear Technical Institute and TESDA, more bus captains have passed the NC-III Driving review and assessment.

The management values most the safety and security of its passengers. Therefore, regular driving tests and reviews are held, fire drills are also conducted per terminal and the Quick Response Team got a boost with its 15 newly certified members through the Red Cross First Aid and Basic Life Support Program. Additionally, in partnership with the Security Office of the DOTC, 63 JAM-Philtranco representatives joined the Security Awareness and Bus Terrorism Seminar which was part of the APEC summit held in our country last year.

Another major initiative of the HR group is the Lady Bus Driver Scholarship Program. With the help of the government's Public Employment Service Office, JAM recruited applicants and provided a tailored 2-month training and final assessment by TESDA. Since then, its passengers have been pleasantly surprised to see ladies on the steering wheel – a definite support to MMDA's Lady Bus Driver Campaign.

The company also stepped up among other bus transport players by joining the 8th International HR and Training Congress held at SMX Convention Center last year. By doing so, it has opened the gateway of opportunity for our company to incorporate international standards in the workplace.

Indeed, it was a JAMpacked year of learning for the JAM-Philtranco group. The Company believes that training is not just an event, but a process; hence, it shall aim to continuously boost organizational growth and employee development to serve the public better in the years to come.



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My New Year's Resolutions

PROMISE...

Talaga Na!

I, (your name) _____, promise to fulfill all these resolutions below.

I will:

- ✓ Change some of my habits: over-selfie-ing, smoking, TV or cyber-babad (then sleeping just before sunrise, kaya pagod the next day).
- ✓ Change my unhealthy eating habits (junk or fried foods, sodas and hard drinks) and shift to eating vegetables once a day, fresh fruits, oatmeal, malunggay or better yet, observe Meatless Mondays!
- ✓ Improve my work habits and be more productive... no more FB at work na.
- ✓ Clean-up my bedroom, office desk or mag-organize ng mga gamit (label them and donate things I have not used for a year).
- ✓ Spend more time with my family or loved ones.
- ✓ See more of the Philippines and share to the people of the world.
- ✓ Be more gift-giving – I will not hide from my inaanaks anymore! I will remember the b-days of my family, best friends and remember to give gifts from the heart (not necessarily money bought- can be made by hand).
- ✓ Smile at least 50 times a day or laugh 10 times a day (even if people will think --- I'm you-know-what!).
- ✓ Read the Bible (regularly attend religious services), read more books and try to learn something new every week.
- ✓ Spend 30 to 60 minutes every day in exercise: these days, sosyal mag-bike (kahit rental lang), do zumba, rumba or tumba-tumba!
- ✓ Be patient and show kindness to people even if they are "not so likeable".
- ✓ Talk less and listen more.
- ✓ Save at least 20%, or taasan pa natin, 50% of my salary each month (bye bye shopping!).
- ✓ Invent happiness and love more.

Group hug everyone!!! Happy New Year!

What to do with 2014's LEFTOVERS

Now that the eating and drinking holidays are over, it's time to clear up or load up the fridge for the coming months. It is a trend among businesses that the month of January is usually a lean month (eh kasi, sobrang gastos nung December). People are recovering their expenses and taking it slow. So be wise and recycle the leftovers of your holiday feasts.

One of the best ways to clear up the fridge of the Christmas holiday leftovers is to transform these foods into rice toppings, pastas, soups or salads and make these your baon for office or school. In no time, you will have finished up bits and pieces of the leftover Christmas ham, queso de bola, ensaymada and fruit baskets. Don't keep them too long – you might forget they're in the deep end of your fridge and they might get moldy and inedible! Sayang naman!

Here are a few food solutions that might help:

>> Cook up a very simple anti-cold and cough Ham-Cucumber Soup with 1 C ham bits / 2 C peeled, seeded, diced cucumber / 2 chicken cubes / 1/2 C rice grains. Boil enough water to cover all the ingredients. When the rice is al dente, the soup is done!

>> How about a real classy salad? Put together the following cubed ingredients: ham, queso de bola, grapes, apples, cucumber, seeded tomatoes and Baguio lettuce. Dressing: 1/2 C fresh orange juice, 2 tbsp. olive oil, rock salt, pepper, 1 tbsp. sugar syrup if needed and 1 tsp. patis or soy sauce.

>> Gather all the dried up pandesal, ensaymada, cheese rolls or sandwich breads and make a pudding. About 5 cups of these cut up breads will be good. Heat up 1/3 C sugar and 1/3 C butter till sugar is dissolved. Cool and add brandy or rum if you like. Whip 2 eggs till light then add 1 C milk and 1 tsp vanilla. Put all ingredients together then place in a buttered pan and bake or steam. You can add more rum syrup or grated queso de bola on top before serving or you can serve it A LA MODE (meaning, with ice cream).

>> For a chilled dessert, why not gather the fresh fruits you received and turn them into a smoothie? You can add milk or all purpose cream and a bit of honey (instead of sugar). Every time you want a soda, get this frozen dessert instead—it's healthier!

>> Recycling food is a good practice, especially when times are hard--- show off your creativity to re-use leftovers with some of your magic tricks.



Mga Lifestyle Trends for 2015

Fearless forecast for the modern, young Pinoys and Pinays...

- Renewed interest in biking and running.
- More alternative and natural cures.
- More travel – local and overseas. More group tours, more and newer extreme adventure quests, lower travel fares and more youth-friendly travel tours.
- Condo foods will be in demand – why? Because more people are cooking less... more condo units with small or no kitchen at all, so there's a need for ready to heat single-serve comfort and gourmet condo foods.
- New concoctions for herbal teas, fruit teas, root teas, coffees, watered-down wine drinks and liquor.
- Do-it-yourself / have-it-your-way menus.
- Make-up that looks like "no make-up".
- Big, bigger bags to carry everything---small, smaller cars for easy parking.
- Electric bicycles or motorcycles.
- Implants: teeth, hair, new skin, and cyber gadgets under the skin.
- More small families will do housework and babysitting all by themselves – American way of life... now in the Philippines!
- Modern architecture: houses on stilts or houses that can be raised or lowered via hydraulics. Smaller spaces, bigger outdoors.
- Closer community relations for security.
- Cyber office, work from home, work from phone or work from a mall station.
- Unisex clothing styles and bags. Protective clothing for rains, floods, and global warming weather conditions.
- More women in "man-jobs" like bus drivers, plumbers, pilots, carpenters, welders and morticians.
- Less cash payments, more card or electronic transactions. Online shopping here we go!
- Gadgets, gadgets and more complicated gadgets!



Healthy Things to Know About the ECO BOTTLE

Last year, we experienced the hot and hotter weather... and the need to drink water was more urgent than usual. It's the onset of global warming and that means our bodies need to be supplied with drinking water to survive the heat!

But why buy bottled drinking water when you can bring your own?

Tupperware Brands Philippines has a solution for this very basic need --- the ECO BOTTLE! With the ECO BOTTLE, you can bring your own water anywhere you go, at anytime, save money and feel good about being an "ECO-friendly" user.

Here are important things to know about drinking water and this wonderful product :

- It is a reusable water container. So instead of buying bottled water, bring your own in an ECO BOTTLE. It's a good "green" idea. By re-using ECO BOTTLES, you reduce waste and contribute to the wellness of our planet.
- Did you know that if you average 8 glasses of water a day from bottled water, that would amount to about Php20,000 in a year. For a family, the cost would be about Php100,000!!! By filling up your ECO BOTTLES with tap water and drinking this, your drinking water will not even be 10% of the cost of bottled water. Ang laking savings!
- The ECO BOTTLE is safe, non-toxic and is of food grade material. It is definitely safe for your health. You can start having a "greener", healthier lifestyle by getting rid of the disposable bottled water habit. It's a good discipline to follow.
- The ECO BOTTLE has a warranty of 10 years because it is a Tupperware product. No other product out there has that offer.
- Tupperware encourages the habit to "Bring Your Own..." (water bottle, lunchbox, food box). There are many other Tupperware complementary products which are good to go for packed lunches or snacks to bring to work. The Square Divided Lunch Box will go well with the ECO BOTTLE.



We are now more conscious of our role in saving the environment. 2015 has just begun. Let's start the year right by bringing our own water in our own ECO BOTTLES. Doing so is an important role in reducing waste.

CORPORATE NEWS BOARD



Nagcarlan, Laguna senior citizen's "OPLAN SAGIP MATA" program headed by Hon. Amelia M. Hernandez was supported by Philtranco through its bus service. The free eye operations were held at Protacio Hospital Tambo, Parañaque through the leadership of Dr. Ging Feliciano (Sept 8, 2014).

Archipelago Philippine Ferries Corporation received an award last June 2, 2014 from the Maritime Industry Authority for its significant contribution to the Philippine maritime industry by taking the lead in the modernization of domestic shipping. Kudos to FastCat!



JAM's Favorite Radio Station People's Choice awardees:
90.7 Love Radio (1st)
101.1 YES FM & 101.9 DWRR (2nd)
Magic 89.9 (3rd)



FastCat M5 arrived last September 7, 2014 to provide a FerrySafe, FerryFast and FerryConvenient trip from Bulalacao to Caticlan and vice versa! Hello Boracay!

JAM Liner, the official shuttle service of the 2014 Asian Marketing Congress delegates.



Philtranco was chosen as the model bus company to share its BEST PRACTICES during the Asia Pacific Economic Cooperation (APEC), Bus Anti-terrorism workshop (July 30-31, 2014).



Jam Liner, Philtranco and FastCat Ally for Seamless Travel

Whether by land or sea, an all-new seamless travel experience is in store for passengers of JAM Liner, Philtranco and FastCat. JAM Liner, for one, unites its frequently-traveled Manila – Laguna – Batangas – Quezon route with Philtranco, which was the first Filipino bus franchise to offer a truly nationwide coverage.



Philtranco now services the Manila to Pampanga route, Bicol, as well as points in the Visayas and Mindanao. In combination with sister company Archipelago Philippine Ferries, the Filipino traveler can also venture to Mindoro, Boracay, Palawan, and other islands.

FastCat is also the first-ever RORO operation with a brand-new fleet of vessels that are state-of-the art and compliant with international standards. The ferry operation which targets at least 30 ports, once fully implemented, will ensure that the Philippines will be truly united through transportation links. The alliance provides for the first time seamless travel, across platforms, with the convenience of uni-booking and ticketing. It thus offers a record number of Filipinos easy, affordable and above all safe travel throughout the entire Philippines.



In addition, the JAM Liner – Philtranco – FastCat conglomerate offers unprecedented reach of cargo delivery through its PhilKargo service. PhilKargo offers an affordable alternative to the usual courier services, especially for large or bulk shipments nationwide.

By combining the resources of all three companies, the vision of efficient inter-island transportation system will finally be realized.

Through the continuous modernization and upgrade of both buses and vessels, travel and transport of commodities will become safer and more convenient, thus boosting tourism and economic development of even the smaller islands in the country.



Ride to better health with Philtranco, FastCat, and JAM

More destinations are open to travelers, now that JAM Liner has united its frequently-traveled Manila-Laguna-Batangas-Quezon route with Philtranco, the first Filipino bus company to go nationwide. Philtranco now also travels to Pampanga, Bicol, and to points



in Visayas and Mindanao. In combination with sister company Archipelago Philippine Ferries,

Mindoro, Boracay, Palawan, and other islands are also accessible.

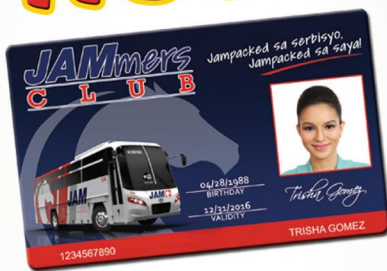
And last September, Nestle Philippines, Inc. tied up with JAM Liner, Philtranco, and Fastcat to bring BEAR BRAND ADULT PLUS to passengers, with free sachets* given out at their terminals. As JAM Liner leveled-up their routes, BEAR BRAND ADULT PLUS helps to level up passengers' energy and nutrients from milk. Packed with Adult-Tibay Nutrients like Vitamin C, Iron, and Zinc, along with Adult-Lakas Nutrients like Calcium, Vitamin B1, B2, & B6, BEAR BRAND ADULT PLUS helped passengers do more. They got to experience the promise of "Marami mang gawain, kakayanan. Level up na sa gatas na may adult tibay + lakas."



*DOH-FDA Permit No. 0509 s. 2013

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Many ways to celebrate

Valentine's Day...

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Valentine's Day is just a few weeks away! Even if it is the shortest month of the year, it is the "lovingest". Are you ready to celebrate Love Month? Here are some cute, may korny din, but practical ways to do it (and within budget pa!).

- Sunset by the bay – choose a cozy place at the seawall. Hold each others' hand (hindi kayo magda-dive sa Manila Bay ha)... watch the sunset while eating siopao and share a drink. Ang tawag dito: HHWWTSESADS (holding hands while watching the sunset, eating siopao and drinking softdrinks).
- Picnic sa park... any park... bring sandwiches and grape juice (kunwari wine) and drink it from a stemmed glass para "feeling sosyal".
- Go to a book sale store – buy romance books and read them together. Give each other Php 500 then go UKAY-shopping for each other. The one with the best and most buys wins!
- Watch a live show at the Big Dome. Bleacher tickets are good because you can freely dance, shout and sing without feeling "dyahe" coz everyone beside you will be doing it too!
- Give your loved one a three-day learning course, like for baking, cooking or computer lesson. Buy a triple X shirt (or bigger) and wear it together --- super selfie op ito!
- Have a photo session in a real studio, but schedule it early so that you can have it ready before V-day.
- Get your barkada together, pool some grocery money and prepare a barkada meal!
- Gather your top 50 favorite songs and have it on your loved one's IPAD or phone.
- Go to a recording studio and record a song together. Be sure to bring your minus one and rehearse many days ahead (not at the studio because you'll be charged by the minute).
- Can you attempt to produce your own MTV using just your phones?
- Give herbal bouquets, not roses. Give fresh fruits, not chocolates. Para maiba naman.
- If you both wear sneakers, put art designs on them using marker pens... you'll definitely have uniquely-designed sneakers that are for keeps.
- Collect your photos together, make good copies for each of you. Buy two frames and make a collage for each other.



Actually, di lang ito para sa love partners ninyo, pwede ring gawin for your best friend, parents, lola and lolo or kahit kanino. Love naman is for everybody di ba? Sabi nga nila, LOVE ALWAYS MAKES THE WORLD GO ROUND!!!! Happy V-Month!

Enjoy the Beauties of Pampanga with Philtranco

Now, it's even easier to enjoy the beauties of Pampanga -- home of beauty queens (such as Miss International Melanie Marquez), movie stars (Jean Garcia and niece Rufa Mae) and sports heroes (Efren "Bata" Reyes) -- with Philtranco's all-new route direct to Dau/Mabalacat.

The country's first bus company Philtranco unveiled their new schedules, which start daily as early as 4:00 in the morning out of sister-company JAM Liner's Cubao Terminal and from 6:30 a.m. from the Philtranco flagship terminal in Pasay City. Last trip out is 8:30 p.m. from Pasay and 9:30 p.m. from Cubao.

Indulge in the famous *lutong kapampangan*, take home the well-loved *tocino* and *longganisa*, and other favorite delicacies.

Philtranco is also the Philippines' first truly nationwide bus line that can take you from Luzon, Visayas and Mindanao and is fully committed to deliver a total passenger experience that is "Byaheng Masaya, Serbisyong Subok Na."



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	FIRST TRIP 4:00 AM	JAM CUBAO 831 EDSA, Kamuning, Brgy. Sacred Heart, Quezon City
	LAST TRIP 9:30 PM	

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Responsibilities of Commuters

By: The National Center for Commuter Safety and Protection, Inc.

- 1 Wait, take a ride and alight only at designated places.
- 2 Use foot bridges and pedestrian lanes when crossing the street. Be conscious and follow traffic lights.
- 3 Know and respect traffic rules.
- 4 Be compassionate and help fellow commuters needing assistance.
- 5 Pay for baggage which one cannot put on the lap, overhead storage bin or under the seat.
- 6 Keep passage lanes and corridors free from any obstruction. Properly position one's baggage to avoid blocking the passageway of fellow commuters.
- 7 Observe social graces, do not talk loud or use noisy electronic gadgets to avoid disturbing other commuters.
- 8 Not to take up space reserved for others.
- 9 Not to smoke inside the vehicle.
- 10 Not to litter or spill any liquid on the vehicle's floor to avoid slippage or accidents.
- 11 Pay for children who are more than six (6) years old so they will be properly seated.
- 12 Take care of their children while traveling.
- 13 Be respectful, not rude, to avoid confrontations and trouble.
- 14 Not to extend any part of his/her body outside the vehicle.



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By: Jemarie Lomotos

Ano ang unang pumapasok sa isip mo kapag naririnig mo ang lugar na ito? Summer? White beach? Perfect na destination tuwing tag-araw! Pero bakit pa nga ba natin kailangang maghintay ng summer para i-enjoy ang magandang beach ng Puerto Galera? Hindi ba't mas masarap magtampisaw sa tubig dagat at mag-selfie sa puti at pinong buhangin pagkatapos ng isang mahabang linggo sa trabaho? Tama! Walang pinipiling panahon ang pagpunta sa beach!

Your sweet escape, PUERTO GALERA...

Whether it's a weekend getaway or a five-day vacation, Puerto Galera is your sweet escape to relax and have fun with your friends and loved ones. Plus! Mindoro is just a few hours drive from Manila!

Directions to Puerto Galera

From Buendia or Cubao, take a JAM Liner bus to Batangas Pier or drive via Star Tollway (2 hours).

Board with your vehicle at FastCat from Batangas to Calapan Port (1.5 hours).

From Calapan Port, you can take a van to Puerto Galera or drive along the Nautical Highway (1 hour).



The more, the merrier, the cheaper! Huwag nang gawing issue ang budget dahil for as low as P1,000 you can rent a standard air-conditioned room with the usual amenities, hindi naman kailangang bongga dahil you should spend more of your time outside and make new friends. Tiyak na hindi ka rin magugutom while enjoying the view dahil sa mga restaurants by the beach.

If you want to enjoy nature at its fullest you may try water activities such as snorkeling and diving. Kung bonding with friends naman ang gusto mo, you can go kayaking and ride a banana boat. And wait, there's more! The night comes alive with lights and music as the party starts after sunset. Relax in the morning, swim in the afternoon and rock out at night!

If you have more time, explore the treasures of Oriental Mindoro. You may check some nearby municipalities, mingle with the locals, try their famous delicacy: suman sa lihiya and take a picture of their waterfalls.

Puerto Galera is a paradise. It is very accessible and perfectly relaxing for an awesome escapade. So what are you waiting for? Have as much fun as you deserve after a long working week.

WHY WE LOVE "THE DAWN"



Just recognized at the JB MUSIC AWARDS as one of the Philippines' 40 most influential artists, THE DAWN continues to amaze.

The iconic rock group – composed of JETT PANGAN on vocals, BUDDY ZABALA on bass, SANCHO on guitars, and JUNBOY LEONOR on drums – have set the bar for musical performances since their inception in the Eighties.

Together, they continue to bring their inimitable brand of party-happy, super-fun approach to their music.

It's no wonder that JAM LINER selected THE DAWN to compose and perform the anthemic theme JAM TAYO for the bus company.

For more news on THE DAWN, please check out THE DAWN : PHILIPPINES on facebook.

THE DAWN recently unleashed their first major concert in several years titled 'LANDMARKS' at no less than the Music Museum in Greenhills. The event also marked the launch of a brand-new single "HABULAN" that filled the airwaves and climbed the MYX charts.

What's ahead for THE DAWN? In the works is a full-fledged EP (Extended Play) of more brand-new songs which should see the light of day in the next few months.

Many years ago, cancer was a fatal word – it's just a matter of time before one is defeated by the sickness and then dies. But today, Cancer is being treated with new and more effective ways, both medical as well as nutritional. Dito tayo sa nutrition mag-focus.



C IS FOR CANCER : C IS FOR CANCER CARE (A Nutrition Guide for Cancer Patients)

By Nancy Reyes Lumen

Kung iisipin natin, bakit mas maraming cancer victims ngayon compared sa panahon ng mga Lola natin. Well, perhaps because they had a healthier diet, cleaner environment, less stress therefore less depressed or more time to relax. Life was just as hard but not as negatively stressful as now.

Maraming suggested treatments for cancer, but do they all work? For me, the best is still eating the right foods for the present condition. Cancer in the body eats food that will increase their potency while there are also foods which will kill them. Gamitin natin ang sapat and right nutrition TO COMBAT and NOT TO FEED the cancer.

Here are a few guidelines about the food and drinks that are anti-cancer and some eating habits that can help.

- 100% alisin na ang processed meats or snacks sa diet. Maraming fresh fruits, vegetables that can take the place of these foods.
- When doing grocery, mag "perimeter shopping". Ano ito? Ang rota na susundin mo sa supermarket ay around the area lamang, avoid going to the inside aisles --- kasi dito naka-shelf ang mga processed foods that are high in sugars and sodium.
- Avoid white sugar in any food. If you really need to have sugar, try brown sugar, coco sugar or honey.
- Less salty food or sauces. If the sauce is salty (like bagoong or patis) just use less of it or take it with chopped tomatoes, onions or other vegetables.
- Less fried foods, more of steamed, boiled and stewed foods like pesang isda, pakbet, tinola, steamed fish and vegetables.

- Limit red meats like beef or lamb. Ang chicken and pork are less red. If you will eat meats, better brine them to remove the hormones injected in the meats. Brine with a solution of 1 part rock salt: 1 part brown sugar: 16 parts water. Brine for 4-8 hours and then wash. Then you can cook it the way you want.
- Eat foods that are alive (burong hipon or isda, kimchi, yoghurt, probiotic drinks, buttermilk and fermented foods).
- Okay ang nuts like almonds and cashew.
- If you're tired of chewing so much vegetables, turn them into juices using a blender and add alkaline water. To sweeten juices, use fresh apples or mangoes... not sugar.
- Good foods are: grapes, broccoli, apples, parsley, herbs, prunes, berries, cabbage, green peas, legumes, oranges, ginger, garlic, onions, celery, carrots, green leafy vegetables, kalabasa, pears, chilis, luyang dilaw, strawberries, garbanzos, spinach, papaya, kamatis and the BEST food: MALUNGGAY!

Napakaraming GOOD FOOD that are anti-cancer, so one should not feel deprived... better yet, look up recipes that will use the many good ingredients. Most important guideline is this: remember the word BALANCED DIET. You don't have to live your life just eating one kind of food everyday just to stay alive. People who have been fed with broccoli day in and day out feel like they're in prison... balance means combining protein (meats or legumes), vegetables, herbs and rice or breads in a meal.

A healthy, God-centered attitude is also an important cure. Healthy mind, healthy body, healthy spirit--- will give life back to those who feel like the living dead. Each day that we wake up, let's thank God for another day... and then let's eat foods that He created, not to kill us, but to heal us!



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Ms. Rosalyn De Guzman
FastCat HR Assistant:
fastcathr@gmail.com

Mr. Kit C. Vesorio
Scorpio Crewing Officer:
kitvesorio@gmail.com

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 - Familiarity with Metro Manila is a must
 - With no large tattoo
 - With good customer service skills
 - With no drug or alcohol related conviction or bad driving record in the past 3 years
 - NCII certification is preferred but not required

Please send your resume with latest photo to:
Ms. Jasmine Rose S. Riosa (HR Associate)
Contact No.: 0917-627-4895
Email: hrdepartment.jam@gmail.com
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Daily Trip Schedule

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Departure	Arrival	Departure	Arrival
06:00AM	07:30AM	06:30AM	08:00AM
07:30AM	09:00AM	08:30AM	10:00AM
09:00AM	10:30AM	10:00AM	11:30AM
11:00AM	12:30PM	12:00PM	01:30PM
01:00PM	02:30PM	02:00PM	03:30PM
02:30PM	04:00PM	03:30PM	05:00PM
04:30PM	06:00PM	05:00PM	06:30PM
06:00PM	07:30PM	07:00PM	08:30PM
08:00PM	09:30PM	09:00PM	10:30PM
10:00PM	11:30PM	11:00PM	12:30AM
12:00AM	01:30AM	12:30AM	02:00AM
01:30AM	03:00AM	02:30AM	04:00AM

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